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Back to back races for CCL



18

Son allegedly kills mother, buries her under couch

FOR almost a month, pensioner Cecilia Ntelele's body lay inside the shallow grave dug beneath the shack she shared with her son, in Finetown.

Her unemployed 46-year-old son, Molefi, pretended that nothing had happened, and continued eating and sleeping inside the two-roomed shack the two had shared for years.

But on Sunday afternoon, Molefi was in police custody, and Ntelele's body had been exhumed and taken to the morgue, leaving behind a stifling smell that would remind relatives and neighbours of their gruesome discovery.

On Sunday, February 19, family members and residents could not contain their emotions after the body of 72-year-old Ntelele was discovered. She was reported missing on January 21.

It is alleged that the accused told relatives that his mother was taken to Bloemfontein by an uncle, whose name was not known to family members.

A neighbour, said Molefi's behaviour grew strange after his mother went missing.

"We knew something was wrong when Cecilia went missing. We became suspicious, when, after a week or two, we saw her son bringing rubble to the yard. He also frequently walked around with a bottle of disinfectant in his hand," said neighbour Cecilia Makhajane.

Ntelele's niece, Thenjiwe Rapoo, said she met members of the local community policing forum on the Friday before the body was discovered.

Rapoo and other members of the family, said that all Ntelele's essentials, such as her crutches and medication, were still in the room.

Upon further investigation, the family noticed that there had been a heap of sand under the couch and subsequently discovered the body.

Police were alerted and Molefi was arrested.



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Schools under siege

REBECCA MOGALAGADI
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QALABOTJHA Secondary School in Vlakfontein, New Generation Combined School in Unville in Lenasia South and Willowmead Secondary School also in Lenasia South, fell victim to crime during the past week.

One of the robberies occurred on Wednesday, February 15, in the early hours at Qalabotjha Secondary School in Vlakfontein.

It is alleged that at around 1.10am two community patrollers aged 23 and 42, noticed that unknown people were unlawfully on the school premises.

When they went to investigate they were confronted by five unknown men, one of which was armed with a firearm.

The patrollers were then held at gunpoint and had their hands and legs bound with shoelaces.

"The suspects forced open the door of the tuckshop and stole groceries," said Lenasia SAPS spokesperson, Sergeant Khalipha Mvula.

The suspects then fled the scene by jumping over the perimeter fence and disappeared into the darkness.

The victims were left unharmed and were able to free themselves after the suspects had left the scene.

A case of business robbery is being investigated.

New Generation Combined School robbery

In another incident, the New Generation Combined School was also targeted. In this incident, six unknown armed suspects held up a 42-year-old patroller.

The man's arms and legs were bound with shoelaces and his cell phone was stolen.

"They then proceeded to break open the school's offices and stole an Acer computer,

circuit breakers, gardening tools, and an undisclosed amount of cash from the school principal's office," Mvula said.

The men then fled the scene on foot.

Willowmead Secondary School robbery

In yet another incident, Willowmead Secondary School, was also a target.

Community patrollers had been on night duty at the school when, they too, were attacked by six suspects. In this robbery too, one of the suspects was armed with a firearm.

The robbery took place in the early hours of Sunday, February 12.

The suspects allegedly demanded the keys to the computer room from the patrollers before searching them and taking a cell phone and a pair of takkies from one of the patrollers.

"A swift response by a local security company reaction team led to the suspects fleeing the scene before they could proceed and

break into the computer room," Mvula said.

A case of armed robbery was opened and police investigations are underway.

"As police, we are making a humble plea to the members of the public to come forward with information that could lead to the successful arrest of these suspects. Community members should call our sector patrol van numbers or the crime stop number, 08600 10111," said the SAPS.

Soweto West Cluster weekend success

THE Soweto West Cluster, which consists of Ennerdale, Dobsonville, Jabulane, Lenasia, Lenasia South, Moroka, Naledi and Jabulane SAPS made 152 arrests on Saturday, February 11 and Sunday, February 12.

The successes were a result of intelligence driven operations that were conducted throughout the cluster. They included special operations which are aimed at addressing drug-related crimes, intensified stop and search, foot patrols as well as tracing wanted suspects.

The successes were achieved as a result of the close working relationship with other law enforcement agencies such as the Johannesburg Metro Police Department.

The suspects were arrested for various offences.

Among those arrested was a 45-year-old suspect who was charged with murder and attempted murder. The arrest follows an incident that occurred on Friday, February 10, at around 6.30am, in Soweto. Two rival taxi associations fighting over routes exchanged gunfire resulting in three people being injured. One of the injured later died in hospital.

The suspects appeared at various Magistrates' Courts on Monday, February 13.

Supplied by Sergeant Khalipha Mvula of Lenasia SAPS

Over 200 shacks catch alight at Joe Slovo settlement...



The fire is believed to have started at around 11am. Fire engines were called to the scene, however, the water got finished, water was being obtained from hydrants. A gas explosion was heard after the fire had started. The cause of fire is unknown at this stage. No injuries were reported.

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Man killed in Zak Park hijacking

REBECCA MOGALAGADI
lenasiareporter2@ctp.co.za | 071 246 3772

POLICE have launched a manhunt for two hijackers who shot and killed a 36-year-old Zakariyya Park man in a hijacking in Peppercorn Street on Wednesday, February 15. According to Lenasia South SAPS spokesperson, Sergeant Khalipha Mvula, two men accosted the vic-

tim who had been entering his driveway at around 10.50pm on the day in question.

"The unknown suspects started opening fire on the victim while he was still inside his vehicle," Mvula said.

In an attempt to flee to safety, the victim allegedly alighted from his vehicle. However, he was shot several times, before he collapsed next to his vehicle.

The suspects are then alleged to have fled the

scene in the victim's maroon Opel Corsa Lite. The car was then abandoned a few houses away and the suspects fled on foot. The victim was certified dead at the scene by paramedics.

"Police are appealing to the members of the public who witnessed this brutal killing or who might have information on the whereabouts of the suspects to come forward with the information by calling the crime stop number on 08600 10111 or contacting their local po-

lice station."

"...we'll leave no stone unturned until the culprits are arrested and brought to book and face the full might of the law," Mvula added.

A case of murder and carjacking is being investigated.

"We as police also encourage members of the public to report crime anonymously by sending an sms with full details to the Crime Line on 32211," Mvula said.

Alleged drunk driver crashes into storeroom, police a no-show

BY REBECCA MOGALAGADI

A storeroom, belonging to Lenasia South resident, Wilson Simelane, and a neighbouring wall were recently damaged when a vehicle crashed into it.

According to Simelane, he and his sons were watching TV at his home on the corner of Sheffield and Balken streets, when they heard a loud bang. When they went outside to investigate, they saw a crashed car, with three occupants inside and witnessed the driver making a run for it into a nearby veld. It later emerged that the car belonged to one of the occupants.

According to Simelane, the occupants of the car had been intoxicated, which brings the question to mind, could the driver also have been under the influence of alcohol?

To make matters worse, the police were called after the incident, but they never arrived.

"I called the police station at around 9.50pm, 20 minutes after the incident," he said.

It is alleged the father of the car owner also arrived on the scene and



promised to pay for the damage caused to Simelane's storeroom and his neighbour's wall. Two of the passengers in the car were rushed to hospital. Simelane and the driver's father then headed to the police station.

"When we got to the police station, the officer on duty refused to open a case, but took affidavits that were stamped," Simelane said.

Spokesperson of the Lenasia South SAPS, sergeant Khalipha Mvula ad-

vised Simelane to visit the station and lay a complaint if he is not happy with the service he received.

Speed humps

According to Simelane, this had not been the first time such an incident has taken place.

"There are always accidents at the stop street near my house mainly because the street signs are ignored," he said.

He asked if someone needed to die

before speed humps are put up on the road. Simelane says he has approached the local councillor about the situation.

"I fetched him from his office and brought him here, just so he could witness the unlawfulness of drivers at the stop street," he said.

Councillor for the area, Vinay Choonie told the Rising Sun that he is aware of the problem and that a signed petition had been handed over to the Johannesburg Roads Agency (JRA).

"That stop street is not the only problematic area, there are several others and we are aware of them. We have already referred the problem to the JRA," Choonie said.

He said such problems were inherited from the previous administration.

"The city cannot fix things overnight, it is up to the JRA," he said.

He, however, said that he had been engaging with JMPD for more visibility in the area.

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Shiraaz may return home soon

REBECCA MOGALAGADI
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ACCORDING to Truth Collective South Africa, a Cape Town based NGO, kidnapped photojournalist, Shiraaz Mohamed is alive.

The NGO told Jacaranda news that they had seen proof in the form of photos and videos.

This came after the group flew to Syria, 12 days ago in a bid to facilitate Mohamed's release.

Bakar al Maharmeh from the Truth Collective South Africa, said he made contact with a mediator between the rebel groups and the Syrian government and it was established that Mohamed was alive and being held by Jabhat al-Nusra in Idlib.

Al Maharmeh said that with the assistance of the South African and Syrian governments, as well as the South African ambassador there, they are busy facilitating his release.

Al Maharmeh says through the mediator they have established that Jabhat al-Nusra was offering to trade Mohamed for the release of four of their members held by the Syrian government.

Despite the crimes committed by these four men, the Syrian govern-



ment has agreed to the negotiations in order to maintain a good relationship between Syria and South Africa.

According to al Maharmeh, the infighting between the different rebel groups there has been some delay in securing Shiraaz's release, but if there is any window of opportunity, they will bring him home - he is sure it will be before the end of the month.

Al-Maharmeh will depart for Syria next month to secure Mohamed's release.

Mohamed was kidnapped on January 10 by Syrian rebels.

Mohamed arrived in Syria on January 4, after planning the trip for months. He had taken a number of photographs inside and around the Gift of the Givers hospitals.

He was meant to have left the country on the day he was kidnapped travelling to the Turkish border.

On January 9, Mohamed texted his family to say that there was a chance he might be detained before leaving the country.

At the time of his kidnapping his family said they were "devastated at the news of his disappearance".

VOE FM shut down

NEO SEKATI
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THE newly established radio station, Voice of Ennerdale (VOE), was shut down after a week in operation.

It was discovered that they did not have proper documents.

The radio station (100.8 FM) operated in Lenasia, Migson Manor, Finetown, and Lawley Station.

The VOE staff was described by its owner, Moketi Mokoena, as amateurish.

According to a source, the radio station operated from a

back yard in Ennerdale, and the device used to obtain the frequency and broadcast was unlicensed.

"The radio station caused frequency interference with another radio station," said the source.

Mokoena confirmed the shut down. He said the station was not licensed because the device they used to broadcast did not need the station to be licensed with ICASA.

"ICASA came and shut us down, but we are currently in the process of registering," said Mokoena.

Level 1 District Hospital, taxi rank on the cards for Lenasia South

THE Gauteng Department of Infrastructure Development, in collaboration with the Gauteng Department of Health, has announced that they are planning to convert the Lenasia South Community Health Centre into a Level 1 District Hospital.

The proposed hospital conversion is to take place at 100 Cosmos Street, Ward 120, Lenasia South (City of Johannesburg Metropolitan Municipal Region G).

In addition, a taxi rank is proposed to be constructed on Portion 44 of Roodepoort Farm 302, an undeveloped property adjacent to the existing CHC.

Affected parties and interested individuals should contact the appointed independent environmental assessment practitioner, Chane Pretorius of ABS Africa (Pty) Ltd on 011-805-0061 or email: chane@abs-africa.com or write to PO Box 1701 Gallo Manor, 2052.

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Bilal Combined welcomes Bassiouni



SHEIKH Abdus Salaam Bassiouni, was given a huge welcome by students of Bilal Combined School, one of the schools he founded,

The school, based in Lenasia South, saw students line up at the entrance to welcome Bassiouni 'home' following his two year detention in Egypt.

With placards in hand, excited students walked behind Bassiouni, who was accompanied by his family, singing praises.

The school was founded by Bassiouni in 1992. Bassiouni was detained when he entered Egypt with his family to attend his daughter's

engagement in 2014. On arrival at Cairo International Airport, he and his son Bilal were taken into custody.

They were interrogated separately about their political affiliations and questioned whether they were members of the Muslim Brotherhood, which Egypt's government has declared a terrorist organisation.

Bilal was released 20 hours later. However, Bassiouni, who holds dual Egyptian and South African citizenship and who has lived in South Africa for 25 years, had a far longer wait for freedom.

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Nishtara to host fundraising banquet

NISHTARA Alcohol and Drug Rehabilitation Centre is hosting a major fundraising banquet on Saturday, March 18, at the Nirvana School Hall in Lenasia.

The key attraction at this prestigious event will be their recovered beneficiaries who will take the stage to showcase the impact of the treatment on their road to recovery as well as their level of development where they are now ready to share their recovery stories without shame.

Their development is an illustration of the strides Nishtara has made to maintain long term sobriety and empower service users with the ability to change and embrace healthier lifestyles, allowing them to be reintegrated into society in a mutually beneficial manner.

Nishtara Alcohol and Drug Centre is a non-profit organisation rendering rehabilitation treatment to all, including the poorest of the poor, in the field of substance abuse since 1990. Nishtara is affiliated to SANCA (South African National Council of Abuse) and is registered with the Department of Social Development as the only accredited service provider in the deep south of Johannesburg.

Based in Lenasia and Orange Farm, it currently operates five key programmes in terms of rehabilitation treatment and awareness and prevention of substance abuse to people who hail from the many informal settlements, urban and semi urban areas surrounding Eldorado Park, Lenasia, Lenasia South, Ennerdale and Orange Farm.

Added to these are various support based programmes conducted at no cost as part of the holistic approach to rehabilitation and creating drug free and healthy communities.

Nishtara is subsidised by the Dept. of Social

Development, which assists the centre to provide treatment for addiction recovery to about 600 persons per year, through various treatment programmes.

Nishtara also reaches more than 50 000 beneficiaries annually, who are educated and made aware of the dangers of substance abuse through prevention programmes in schools and other community forums.

The funding from the Dept. of Social Development only covers a tired of the actual operational costs, creating financial shortfalls.

There is no question of Nishtara compromising the content of the services rendered, thus the need for the centre to embark on regular fundraising activities to deal with the monetary constraints.

The Gala Banquet is one of our major fundraising initiatives.

The success of this banquet is critical for Nishtara to sustain its efforts to curb the increase in substance abuse as well as continue in its aim to become a centre of excellence in all the services provided and to ultimately achieve drug free communities.

Added to the exciting line-up of activities and entertainment on the programme for the evening, will be the acknowledgement of the founder and founding members of this valued legacy, viz. well known community activist and philanthropist Mr. Moosa Theba, Mrs. Shamim Garda and all others who have been part of this historic journey.

For more information or to reserve your seat for this prestigious, unforgettable event, call: Shahida 084-624-9222 or Tasneem 081-506-8643 or email info@sancanishtara.co.za and management@sancanishtara.co.za

Submitted by Nishtara

TCE College Reunion - all roads lead to Durban

GRADUATES from the old Transvaal College of Education will be hosting a reunion in Durban on Friday, April 28, at the Ridge Park Girls School in Berea, Durban. The reunion is the initiative of Preggy Naidoo who is currently an educator in Durban but began his illustrious career at Zodiac Primary School. The reunion is focusing on bringing together graduates from 1982 to 1988.

The mammoth task of contacting old classmates, has brought moments of sheer joy and in some instances a tinge of sadness, especially when hearing about colleagues who have passed on. The graduates have been scattered all over the country. Some are teaching in Cape Town, East London, Rustenburg and Mpumalanga. The majority are in KwaZulu Natal and Gauteng. A few have also emigrated to London, Dubai, Canada, the United States and Australia. Thanks to Facebook and WhatsApp, the task has made been made much easier. The organising team is hard at work to ensure that the event will be etched in memory in years to come.

In 1982, the college had moved from Fordsburg to Laudium. The college was administered by the House of Delegates. The college in Fordsburg has an illustrious history. In 1954 the college shared premises with Johannesburg Indian High School in Bree Street, opposite the Oriental Plaza. The premises is currently occupied by Johannesburg Muslim

School. In December 1982 the first diploma ceremony was held in the new College Hall, where 81 primary school teachers qualified. The ceremony was covered by veteran journalist Fakir Hassen.

The new college also began to offer a Diploma in Junior Secondary as well an opportunity for teachers to upgrade their qualifications. The college eventually closed its doors in 1998 and became a community college. In 2003 the college was turned into a sport focus school by MEC of Education, Ignatius Jacobs. The school was named Rosina Sedibane Secondary School, which still exists today.

The class of 1982, held a successful and enjoyable reunion at Libra Primary School on November 5, 2016, whilst a similar get together was held in Durban on the same day. A reunion is always special, it affords all friends to share moments of nostalgia, as well as an opportunity to reflect and for the majority to celebrate their journey. Majority of the graduates have remained in education and continue to serve the profession with distinction. Many of the graduates have assumed leadership roles and continue to strive for excellence in their schools. Some have retired or changed career paths.

For those wishing to attend the Reunion, contact Colin Francis on 084-581-9249 and Trevor Masher on 082-553-7276.

Marital Workshop

Intending to get married?
Join the Jamiatul Ulama Dawah wal Irshad Marital Workshop.

The workshop will take place at the Nurul Islam Hall on Sunday, February 26, Insh-Allah. The programme is scheduled to begin at

9:30am and will continue up to Zuhr Salaah. Various aspects with regards to marriage will be covered by experienced Ulama Kiraam.

Separate accommodation for ladies will be provided. Refreshments will also be served.

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Making veggie days happy days



Sundried Tomatoes, Basil and Paneer Sausages... serve with a Capsicum Relish on Rye bread

This recipe is among my favourite foodie creations. The beautiful flavour that the sundried tomatoes bring to this dish, along with the fresh basil, is just the perfect unions of flavour combinations and the very best of cross cultural fusion. "Dedicated To Making Veggie Day Happy Days"

Preparation Time: 25 minutes
Cooking time, 30 minutes
Makes 15-18

Ingredients for Paneer Sausages

Paneer freshly made with 2 litres milk
10 sundried tomatoes soaked in boiling water for 10 minutes or until soft

¼ cup fresh basil leaves finely sliced

1 tsp (5ml) salt

1 tsp (15ml) besan flour (chana flour)

1 tsp (15ml) cold water

Oil vegetable for deep frying

This is how:

Crumble paneer in a bowl. To this add the chopped tomatoes, finely chopped basil leaves, salt, besan flour, and water. Now use your hands and mix all the ingredients. The mixture should be slightly sticky, just enough to hold its shape when pressed into a ball. With your hands, form small balls and then lightly press them into an elongated shape about 5 cm long, still rolling them between your palms to create a nice smooth finish.

As soon as all the mixture had been shaped. Heat oil in a small heavy based pot. Once the oil is

hot reduce the heat and allow the oil to cool down too low to medium heat.

Gently add a few sausages to heated oil and fry for a 1 ½ or 2 minutes. As soon as they cooked they will begin to float. Make sure that the oil is not too hot or too cold. Once done, drain on a kitchen towel

Serve them some capsicum relish on Rye bread

Alternatively, you can roll them into balls and add to curries and chutneys of your choice. (Check out my second recipe. Instead of sausage shapes - I made small balls and a delish coconut gravy)

Capsicum Relish (also known as peppers)

1 tbsp (15ml) olive oil

1 cup (250ml) onion finely sliced

1 large green capsicum finely sliced

2 large cloves garlic finely chopped

1 tsp salt (adjust accordingly)

1 green chillies finely sliced (add more or less)

This is how:

heat oil in a pot. Add onions and cook until they just begin to brown. Toss in capsicum, garlic and chilli – give it a good stir. Reduce heat and cook until peppers are soft and onions are beautifully caramelised 10 – 12 minutes. (You may add 2 tablespoons water to aid cooking)

1 loaf Rye bread sliced
spread a generous amount of relish on a slice of rye bread with 2 Sundried Tomatoes, Basil & Paneer Sausages (add more or less according to the size of the bread)

Recipe by Videhi



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Shaam-E-Qawaali - A concert not to be missed

PANACHE'S next spectacular - Shaam-e-Qawaali - is certainly set to mesmerize audiences.

This is an event that will certainly be etched in the minds of many as there will be a variety of Qawaali on stage presenting their best genres to audiences. This has never been done in an elaborate concert before. All this will be in aid of raising funds for Syria.

Shanawaaz is a new qawali sensation, a uniquely and proudly South African Troupe comprising of talented musicians who will be making their debut on the live stage performance at the event.

They will be under guidance of well known Naatqaan and Qawaal, Abdul Majeed Badrudeen who hails from Lenasia.

The troupe from the production house of

Shabz Soundz promises to deliver a style of qawaali that is uniquely South African and will appeal to a much larger audience.

In doing so, taking qawali to the people to spread peace and prosperity.

The Young Prince of qawaali, Sajjaad Ali Sayed, who is a student of both Ustad Asif Ali Santoo Khan as well as world renowned tabla maestro, Ustad Dildar Hus-sain (who played tabla for the late Ustad Nusrat Fateh Ali Khan), together with his group, Sayed Sajjaad Ali Saaberie and Party, have since their debut last year performed to appreciative audiences all over SA.

They promise to bring grandeur and present a unique style at the event.

Mohamed Ali and Party, a Qawaali group that hails from Pietermaritzburg

(KZN) will also be performing at Shaam-e-Qawaali, with the lead singer Mohamed Ali who has been a qawaal for over 15 years.

His family are the keepers of the Hazrath Sayya bawa and Hazrath Qaasim bawa r.a mazar in Pietermaritzburg.

Included in the impressive line-up is Shaykh Noor Aswad, who hails from the



Farzana Mayet of Panache

city of Aleppo in Syria, together with his group Ruh-ul-Madina will be presenting unique items with a daft.

Farzana Mayet from Panache added that this is certainly a line-up not to be missed as it presents a variety for all qawaali lovers and aid of a good cause.

Tickets are R100(unreseved) and can be purchased by calling Farzana Mayet on 072-174-0896, Eastwave Radio on 011-854-4412, Qawaali Network on 071-277-0766, Shabeer on 071-376-0027 or alternatively Sajjaad on 071-560-0351.

Tickets have been selling really fast so get your tickets now. Discounts on group bookings.

An event which is proudly powered by the Rising Sun, Eastwave Radio, Lenzinfo as well as the Qawaali Network.

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Nisaa provides help for abused women and children

THE Nisaa institute for Women's Development (Nisaa) is a non-profit, non-governmental organisation, which focuses on violence prevention and the empowerment of women who have been abused at the hands of their partners.

Nisaa has been in existence for 22 years and continues to exist as the need for services to survivors of various kinds of violence against women is so great.

Amongst other curative and preventive programmes, a core programme at Nisaa is the provision of shelter services to abused women and their children.

Women who escape from domestic violent households often come to Nisaa with the bare minimum, if anything at all.

Nisaa is able to provide safe accommodation for a period of three to six months.

During this time women are given a welcome pack with a supply of toiletries, nourishing meals and are provided with numerous skills development opportunities. They are offered holistic service and also ensure that other psycho-social services are provided.

This includes counselling (individual and group), self-esteem and confidence building sessions and legal assistance through pro-bono lawyers.

Finally, Nisaa also offers children at the shelter, who are not of school going age, developmental, stimulating and educational programmes to ensure healthy growth

and development.

It costs Nisaa R5 000 a month to carry out the services mentioned above for one client. Nisaa is able to accommodate 22 people. In this regard, costs can escalate to R110 000 a month. They understand that this is an exorbitant amount in these trying financial times. Any contribution to the centre will be greatly appreciated.

A donation would ensure the physical, mental and social health of one of the 22 women and children Nisaa will be able to accommodate. Nisaa Banking details:

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MADRESSA ANJUMAN ISLAMIA OF KHOLVAD NOTICE OF MEETING

NOTICE IS HEREBY GIVEN THAT THE 103rd ANNUAL GENERAL MEETING OF THE ASSOCIATION WILL BE HELD ON 12th MARCH 2017 AT 10:30 am AT THE L.M.A CENTRE, DUCK AVENUE, LENASIA

Opening with Qiraat and Duaa

To read the notice of the Annual General Meeting

To read the minutes of the previous Annual General Meeting

To deal with matters arising therefrom

To read and discuss the Chairman's Report

To read and discuss the Secretarial Report

To receive and consider Audited Financial Statements

Constitution : Amendments to the Constitution. **

To elect members to the Board of Management

To elect Directors and Auditors in place of those retiring in terms of the Articles of Association

To transact any other business which may be transacted at an A.G.M

*Members are requested to attend
By Order of the Board*

** A copy of the proposed amendments is available at the Kholvad House, 27 Market Street, Johannesburg
Tel: 011 834 4610

Sanathan Ved Dharma Sabha

The S.V.D.S. council invites the community to an auspicious night of dedication to Lord Shiva on Maha Shivaratri which will be held on Friday, February 24, at 33 Penguin Avenue in Lenasia Extension 1, from 4.30pm to 10pm, singing the glory Bhajans to Shiva followed by Pooja and a Hawan.

CANSA Shavathon

Save the date! Saturday, February 25, at 9am to 3pm - Trade Route Mall, Come show your support for those struggling with cancer.

Choose to just make a donation, or spray your hair, or shave some off! Adults R50, children R25.

Hosted by Linda Steyn and Shaakirah Vania, from the Cansa Association of South Africa.

For more info visit: www.cansa.org.za or www.shavathon.org.za or e-mail: shavathonhost@gmail.com.



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S.IND.C.O hosts successful Kavady

THE interim committee of the South Indian Cultural Organisation (S.IND.C.O) in Lenasia Extension 10, held their Kavady festival on Saturday, February 11. The event was observed by hundreds of people from the Lenasia and

the greater Johannesburg areas.

"To all the members, the devotees, the sponsors and the public we would like to express our gratitude for your ongoing support. May Lord Muruga richly bless you always," said a temple spokesperson.

For additional information on the Temple project contact any one of the interim committee members: Ravi Padiyachy, Pregasen Gus Parbhoo, Denay Naidoo, Mr Ashogan Paul, or Mr Kumarin Guruppa.

Submitted by Pregasen Parbhoo



Jaya Aman Temple Kavady...



The Jaya Aman Temple Kavady in Lenasia South celebrated Kavady on Sunday, February 12. Hundreds of devotees saw pulling of chariots, piercing and meditation in prayer to Lord Muruga.

ACCESSS DENIED

In late 2016, four young South African activists travelled to the holy land to attend the first International Palestinian Youth Camp. The experiences vary from interrogation to deportation and others "getting in." Join us as the delegation shares their insights on this experience.

Date: Friday, 24th February 2017
Venue: JISS Centre, 5 Suikerbos Street, Lenasia
Time: 19h30
RSVP: Altaaf Adam on 0815164126

Light snacks will be served.

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Eastwave scoops national award - best talk show

IT was certainly an evening of glitz and glamour at The National Community Radio Awards in the Free State city of Bloemfontein. Eastwave Radio's very own, #iCHAT as hosted by presenter Sherianne Pillay scooped the National Award in the Best Talk Show category against a plethora of South African Community Radio Stations. The National Community Radio Awards recognizes pure talent, creativity and excellence in the radio industry.

#iCHAT as broadcast on Eastwave 92.2fm is focused on current affairs and all those aspects unique and imperative to the community of South Africa at large. Eastwave Radio 92.2 Fm, prides itself in being Your Reliable Community Partner as is demonstrated through the interaction of #iCHAT constantly striving to be a platform relatable to all listeners. The station has been at the front of raising awareness of several critical community issues. It hopes to grow the programming to reflect the day-to-day life of the community.

An elated Sherianne Pillay said, "I am extremely honoured to have won this prestigious award. I strongly believe that when one is driven by authentic passion, one is set up for greatness. It is pure passion for my

listeners, my country and my community that drives me to deliver excellence through Eastwave Radio." Pillay would like to thank the entire Eastwave Radio Team, for their continuous support and broad platform. She would also like to take this opportunity to thank all listeners of Eastwave Radio and all of those who played a role in assisting her to win the award.

Sherianne Pillay, a 22 year old final year law student is also the titleholder of Miss Heritage SA 2016-2017. Serving as a role model, she is also former Miss India Gauteng and Miss India SA Runner Up. As a born free South African, she inspires other youngsters to use all those opportunities they've been blessed with.

Station manager, Vikash Maharagh said "We are humbled by the 5 nominations for East Wave Radio 92.2 Fm. It shows we are moving toward quality and empowering individuals to aspire to greater things in life. Many opportunities are open at East Wave. We call on our listeners to encourage young people to join the radio station as presenters and radio personnel. All interested people can call Vikash Maharagh on 072 049 4865 to be part of the new selection of talent that the station is looking for.



For all breaking news and queries, please contact



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Chicken dumping: What you should know

CHICKEN dumping is becoming a national crisis. Between 4 000 and 5 000 jobs in the industry have been lost, and 110 000 more are at risk, plus 20 000 in the feed supply sector.

Chicken Dumping will destroy the SA chicken industry, not because the industry cannot compete, but because it is being killed by dumping, a practice which has been outlawed by the World Trade Organisation (WTO).

What is chicken dumping?

Other countries are dumping large quantities of surplus chicken in the South African market at prices that are far below their production costs.

So why is this a problem?

Because thousands of jobs have already been lost in a country with one of the highest unemployment rates in the world.

In reality this affects many more people as each worker may support as many as 10 people.

The South African Poultry Association

(Sapa) warned four years ago, that 20 000 jobs could be lost if imports of cheap chicken continued.

Since then the volume of dumped chicken has increased.

Warning: The entire South African chicken industry may collapse before the end of 2017

RCL Foods, one of SA's largest chicken producers, has warned that the dumping could cause the entire South African chicken industry to collapse before the end of 2017.

Last month RCL laid off 1 350 employees – 20 percent of its workforce – and is selling 15 of its 25 farms.

Why is there a chicken surplus in some countries?

Chicken breasts and wings are currently the preferred parts of the chicken in North America and Europe. These so called "premium cuts" can be sold there at a price high enough to cover the production cost of the entire chicken. The drumsticks and thighs, which are

classified as waste, are then sold below cost to SA, undermining local producers. In fact they are sold in any market that will take them for any price the exporters can get.

Dumping is against the rules of the WTO

Selling below the cost of production is the trade definition of dumping and against the rules of the WTO.

As local producers cannot compete with dumped chicken at artificially low prices, they are left with no option but to cut jobs and close their doors.

SA one of few countries allowing dumping

SA is targeted by exporters, particularly those in Europe and South America because it is one of the few countries that allows virtually unrestricted chicken imports.

Russia closed its doors to EU imports in 2014 and China raised tariffs and health barriers to restrict imports.

As African countries were targeted, many implemented measures to protect their local industries. In Ghana the local chicken industry

has collapsed as they did not implement protective measures.

This is not about SA's inefficiency

SA's chicken industry is the fifth most efficient in the world, with production costs well below those in Europe.

SA chicken exports blocked

Many countries block SA exports for a variety of reasons.

South American countries say our abattoirs are not good enough. To have our abattoirs approved is a lengthy process which will require years of certification.

The US and Europe use ostriches with bird flu as an excuse to block SA exports even though our chicken industry has never had avian flu.

SA needs to act quickly and implement the measures demanded by other countries if the country's chicken industry is to survive. These include phytosanitary measures, health checks and abattoir certification.

5 good reasons why you should eat more beetroot

BEETS are a powerhouse of nutrients that may improve your health in a variety of ways.

Lowens blood pressure

Drinking beetroot juice may help to lower blood pressure in a matter of hours. This is probably due to the naturally occurring nitrates in beets, which are converted into nitric oxide in the body. Nitric oxide helps to relax and dilate blood vessels, improving blood flow and lowering blood pressure.

Fights inflammation

Beets are a unique source of betaine, a nutrient that helps protect cells, proteins and enzymes from environmental stress. It's also known to help fight inflammation, protect internal organs, improve vascular risk factors, enhance performance, and help prevent numerous chronic diseases

Anti-cancer properties

The powerful phytonutrients that give beets

their deep crimson colour may help to ward off cancer. Beetroot extract is being studied for use in treating human pancreatic, breast, and prostate cancers.

Rich in valuable nutrients and fibre

Beets are high in immune-boosting vitamin C, fibre, and essential minerals like potassium (essential for healthy nerve and muscle function) and manganese (which is good for your bones, liver, kidneys, and pancreas).

The red colour helps with detox

The red colour of beetroot comes from betalain pigments. The betalain pigments support the body's Phase 2 detoxification process, which is when broken down toxins are bound to other molecules so they can be excreted from your body. Traditionally, beets are valued for their support in detoxification and helping to purify the blood and liver.

Eat beet greens too

Try to buy beets with their green leafy tops as they are a super healthy part of the plant.

Besides containing important nutrients like protein, phosphorus, zinc, fibre, vitamin B6, magnesium, potassium, copper and manganese, beet greens also supply significant



amounts of vitamin A, vitamin C, calcium, and iron.

Beet greens have more iron than spinach as well as a higher nutritional value overall than the beetroot itself.

Beetroot greens may:

Help ward off osteoporosis by boosting bone strength

Fight Alzheimer's disease

Strengthen your immune system by stimulating the production of antibodies and white blood cells

Serving suggestions:

Beet greens can be added raw to vegetable juice or sautéed lightly with other greens like spinach and Swiss chard. Enjoy them on their own as a salad or with other leafy vegetables, or sauté them in a bit of olive oil, add a splash of balsamic vinegar and salt for a delicious side dish.

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BE one of the first to watch the hilarious new comedy, keeping up with the Kandasamys, at one of the exclusive screenings taking place at selected Ster-Kinekor cinemas around the country on Sunday, February 26, 2017. Bookings open on February 22 and tickets are limited.

Set in Chatsworth, the film opens a window into the lifestyle and subculture of modern-day Indian South Africans; their aspirations, dreams and challenges. The film stars Jailoshini Naidoo (Eastern Mosaic, Lotus FM) and Maeshni Naicker (Broken Promises) as the matriarchal rivals of neighbouring families, whose young adult children become romantically involved, and despite their best efforts to keep them apart, they are forced to acknowledge that love will always prevail.

When Jennifer (Naidoo) realises her beautiful tomboy daughter, Jodi (Mishqah

Parthiephal), is in love with Shanti's (Naicker) son Prishen (Madhushan Singh), she is determined to break them up. But in order to do that she will have to enlist her rival's help.

This all new rib-tickling, two-sided family comedy affair was directed and co-written by Durban filmmaker, Jayan Moodley (White Gold), produced by the award-winning duo Helena Spring and the late Junaid Ahmed and co-written by Rory Booth.

This light-hearted and entertaining story is supported by an array of colourful characters that celebrate the rich and spicy way of life in Durban including South African theatre actor/playwright/director, Rajesh Gopie; comedian Koobeshen Naidoo; Neil Govender and Mariam Bassa who plays Jennifer's elderly, nonsense, ever-critical mother-in-law.

"This film has something for everyone. The universal story of neighbourhood rivalry, our

desperate need for acceptance and the climb for perceived societal success, is something which touches everyone the world over. At the end of the day, we can all recognise our quirks and weaknesses and the funny side of the weird, wonderful and strangely competitive world we live," comments Moodley.

The film was produced in association with M-Net, the DTI, NFVF and the KwaZulu-Natal Film Commission and is distributed by Ster-Kinekor Entertainment. Keeping up with the Kandasamys will be officially released in cinemas nationwide on March 3, 2017.

Tickets for the 12pm and 2pm preview shows on February 26, can be purchased via the Ster-Kinekor website or at the following theatres: Arcades (Zambia), Brooklyn (Pretoria), Carnival City (East Rand), Cavendish (Cape Town), Forest Hill (Pretoria), Gateway (Durban), Mall of Africa (Midrand), Mus-



grave (Durban), Newtown (Johannesburg), The Zone at Rosebank (Johannesburg), Sandton (Johannesburg).

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Big B completes 48 years in Bollywood

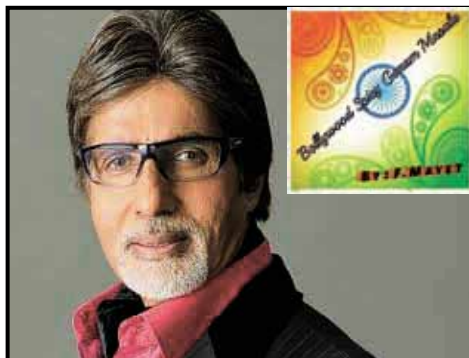
LEGENDARY Bollywood Superstar Amitabh Bachchan has just completed an illustrious 48 years in Bollywood.

The iconic superstar whom started with his first movie "Saat Hindustani" in 1969 tweeted on his landmark achievement and thanked fans for their ongoing love and support. Being recognised as a global icon who is currently shooting for his next movie in which he stars opposite Mr Perfectionist Aamir Khan, Amitabh is the Fourth Highest Paid actor in Bollywood who currently charges close to 147.5 cr per movie owns over 11 cars and boasts many endorsement deals with top brands.

However its hard to believe that in those days he earned a mere fraction of the amount and suffered 12 consecutive flops before his big break "Zanjeer" which earned him the title of Angry Young Man. All India Radio rejected his voice, ironically however, this superstar went on to do playback singing for over 29 Bollywood films and in 2005 did the narration for an Oscar Winning French Documentary "March of the Penguins".

Comedian Mehmood was said to be Amitabh's great mentor during his struggling days, and even stayed at Mehmood's residence.

Amitabh delivered many memorable performances such as Zanjeer, Agneepath, Deewar and many more. However whilst the millennium approached in the year 2000 Amitabh faced bankruptcy and it was then he embraced playing elder character roles and so together with Yash Chopra "Mohabbatein" was conceptualised and Amitabh returned to the Big Screen. In the year 2000 Amitabh also went on to become the first Asian and Bollywood star to be immortalized into Madame Tussauds wax museum where his wax statues were also placed in New York in 2009 and Hong Kong and Bangkok in 2011 and Washington DC in 2012.



Don't promise what you cannot deliver

NO two words can invoke as much hope and confidence as "I promise". As children we are taught that promises are pledges which cannot be broken under any circumstances.

But as we mature the old saying "promises were meant to be broken", becomes a reality. Sometimes we forget that a promise is like a pledge or a vow and it should be made only if we are absolutely sure that we can fulfil it.

As Muslims, our word should be our bond, and if we make promises, then we should also make sure that we keep them, for Allah says, "surely every promise shall be questioned about". (17:39)

Let us not forget that even though we are neglectful, our two angels are not. If someone asks a favour of you, and you say yes, just because you said Insh-Allah, does not give you permission to break that verbal agreement. So many of us use Insh-Allah, as a way to get out of verbal agreements we have with each other. Many of us use Insh-Allah to say yes when in our hearts we actually mean no.

As Muslims we are honour-bound to be truthful with each other, and we should always say what we mean, and mean what we say. How many times have we heard couples who have just married talk of the promises they have made to each other?

She promised that she will always look her best when he is at home, that the house will be immaculate at all times and that she will be the model of obedience.

He promises that he will help maintain their home, help her with the children and that he will practically remain "the groom that sweeps clean". Six to eight months later, we find a much different picture. We often find neither

of them living up to the promises they made, and this is actually the cause of much conflict and tension in many new marriages.

We must be careful to guard the promises we make to each other for Allah says, "Whoever fulfils his promise guards (against evil)." (3:76). Broken promises in a marital relationship can lead to many problems.

When promises are broken, it breaks down the fragile walls of trust and confidence that must be maintained in order for the relationship to flourish.

What may seem like a little thing to you may be something quite big to someone else. By guarding our promises, we also guard the integrity of our relationship. This in turn, displays a more secure sense of reliability, trust and confidence.

To no other group of individuals are broken promises more devastating, than to children. Children are like elephants, they almost never forget. If you promise a child something, they will remember that promise, even though they may not say it to you.

When a child finds out that you are not a person of your word it could leave numerous hidden scars that could lead to a number of behavioural and disciplinary problems.

By keeping our promises to our children, we are also showing them the importance of honour and commitment. As parents we must always remember the old saying, "Do as I say, not as I do" does not work. Let us be always mindful of the vows and promises we make to each other, so that through them we can tighten the bonds that hold us together.

Submitted by Ebrahim Ahmed Mayet

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LMS learners visit prison

ON February 7, the Lenasia Muslim School was offered the opportunity to visit a maximum detention centre near Denysville. In an effort to promote social and civic responsibility, twelve boys from Grade 10 and 11, accompanied by the tour organizer and educator at LMS, Moulana Ismail Kaloo, embarked on this life-experience journey.

They were welcomed by the prison authorities and settled down to a very informative programme related to "Drugs and Gangsterism". Motivational talks and a stage production was conducted by inmates, various art-

ists and other participants from the broader public.

In addition, the students undertook a tour to the prison cells and were surprised at the living conditions. They also had the opportunity to interact and speak to prisoners and learn from their first hand experiences and were inspired by the advice that they were given. The visit allowed them to witness the multi-cultural and multi-linguistic dynamics of our country and the importance we need to give to our rainbow nation. Furthermore, they learnt that one should not judge a person because of any wrongdoings since

that individual may be remorseful and show repentance. If Allah (SWT) can forgive our shortcomings then so should we.

Students met with former Bafana Bafana players who were also doing their civic duty by visiting the facility. They were impressed by these famous sportsmen who contributed their time and effort to uplift others by being good role-models.

Finally, the most important highlight was the realization how faith, and Muslims in particular, can impact on self-reformation and rehabilitation of the very dangerous,

within the closed confines of society. We hope that this trip instills good behavior, responsibility and serves as an eye-opener to our children. We are certain that they will relate to, and impress upon their peers the dangers of drugs and gangsterism.

LMS will carry on embarking on social upliftment programmes to teach its students their civic duty and responsibility in society by taking education outside of the classroom and curriculum.

Article submitted by LMS

Progress Primary School celebrates Valentine's Day...



Rising Sun visited Progress Primary School as pupils celebrated Valentine's Day on February 14. They commemorated the day by dressing in red and white. Whilst some claim their teachers as their Valentine, other proclaimed their parents as their Valentine. "My mummy and daddy are my Valentine and I will buy them sweets," said one Grade R pupil.

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Back to back races for CCL

BY IQBAL GAFFOOR

THE 2017 season for Occular Technologies sponsored Cycle Club Lenasia (CCL), turned out to be a big one for the cyclists as they opened the season with two back to back races - The Value Logistics Fast One and Bestmed Berge en Dale Championships.

On Sunday, January 29, it

was the Value Logistics Fast One at the Midvaal Raceway, Meyerton over 96km and 49km.

Saturday, February 4, saw the Lenasia cyclists participate in the Bestmed Berge en Dale Championships which started at 6am from the Cradle Stone Mall in the West Rand.

Close to 5 000 cyclist took to the road, some participated in the 102km race while others

took on the 55km race.

Club Secretary, Mohamed 'Tico' Takolia said, "The Berge en Dale is a premier seeding event for the Cape Town Cycle Tour and consists of a 102km and 55km route. On that morning CCL riders were there to take on the tough challenge."

"The Berge en Dale was a "really hard race", but one which suited lighter riders."

The short, punchier climbs suit them, but you can have a love-hate relationship with this race.

"When you have a good race, it is amazing, but if you are not quite in top condition, you can really suffer. Not many would choose to spend an early Saturday morning with the ascent of Hillsnacks from Cradle Stone Mall.

"This year with windy conditions to contend with and some mechanical issues, there were surprises in Team CCL."

The cyclist who did very well in the 107km includes Moosa Patel 3:21:31, Muhammed Nabeel Bagas 3:36:48, Memant Kana 3:38:12, Yogesh Lala 3:39:49, Nilesh Lala 4:28:30, Dinesh Amtha 4:34:18.

In the 55km Nazerine Bulbulia 2:44:57.

The Value Logistics Fast One was fairly flat and provided CCL riders the perfect start to the 2017 race calendar. The Club took the opportunity to work together as a team, allowing most of the members the chance to record personal bests by achieving a sub 3.

Daryl Impey took the honours in a time of 2:05:26.

CCL riders Kamlesh Valla recording 2:17 in the racing Vets - Muhammad Nabeel Bagas 2:30, Hemant Kana and Moosa Patel 2:35.

Finishing times:

Kamlesh Valla-97-2:17:34

Muhammad Nabeel Bagas-97-2:30:22

Hemant Kana-97-2:35:11

Moosa Patel-97-2:35:22

Ibrahim Bagas-97-2:38:24

Mohammed Mayet (Maniacs)-97-2:38:54

Zain Surtee-97-2:40:04

Mukesh Thakor Lala-97-2:40:04

Imtiaz Baba-97-2:43:19

Mohammed Yunus Takolia-97-2:43:20

Nacem Ayob-97-2:48:19

Yogesh Lala-97-2:48:59

Ajay Naranjee-97-2:50:27

Suliman Surtee-97-2:50:31

Lee Anthony Keith Croetz-97-2:52:36

Taahir Ayob-97-2:57:25

Yusuf Sarang-97-2:57:33

Nilesh Lala-97-3:03:18

Abubaker Cajee-97-3:12:37

Irshaad Mahomed-97-3:34:53

Dinesh Amtha-97-3:34:56

Hanif Mahomed-97-3:40:39

Nizam Sayed-97-3:48:05

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Bellevue FC Open Day

GIRLS and boys who are interested in playing club football can try out for Bellevue FC at their Annual Open Day.

It will be held at the Lenasia Soccer Stadium, on Sunday, February 26, from 9am to 1pm.

Boys and girls, from age 5 upwards are welcome to try out in their

respective age groups in what promises to be a fun-filled day.

Bellevue FC is one of the most successful amateur clubs in Lenasia and has been around for over 40 years.

The club had an extremely successful 2016 season and are planning for more of the same in 2017.

The club currently needs officials to assist in the junior age groups and parents interested in assisting the club are requested to contact the chairman, Fazel Beg, on 083-289-2287 or the manager, Khalid Kazie, on 082-897-1076 or email bellevue-footballclub@gmail.com

Hollywood supports local sport...



The Hollywoodbets, near Lenasia Station, supported Meadowlands Harmony that practices at the Meadowlands Zone B grounds, in Soweto. Club staff members have been working with the youth in their community for the past six years. Meadowlands Harmony was started to help educate kids in the area through football, and to help keep them off the streets. With over 78 players between the ages of 8 and 19 years the club appreciates all sponsorships.

The club's Chairperson is thankful for Hollywoodbets' support.

"This donation has helped to bring about change. It has motivated all the layers to see the importance of playing soccer and staying away from crime," he said.

Lenasia Wolves Football Club registration open...

Currently celebrating its 12th year, Lenasia Wolves Football Club is proud to announce the commencement of the 2017 season. Registration is open to boys and girls 5 to 15 years of age who will participate in training, league games and tournaments for the duration of the season.

The club places strong emphasis on participation and enjoyment. It is also seeking volunteer coaches to assist with training and administration.

A registration evening is scheduled for Friday, February 24, between 4pm and 7pm at the Wolves training ground (next to Topaz Secondary School in Lenasia Extension 5). Contact Shabier on 072-960-7864 or Muhammad on 084-580-0167.



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Azhar Vadi and Zaheer Pahad, the directors of Salaamedia embarked on the mission to raise funds for underprivileged learners across the country. Under the banner, #Riding4SA Education, the duo is cycling from Beit bridge border (Musina) to Cape Town as an effort to raise funds. Impala Primary School as well as Little Folks Pre - School donated towards the cause. The team will cycle past 50 towns in their 3000 kilometres journey.

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